# **ORIGINAL ARTICLE**



# Zoledronic acid induces apoptosis via stimulating the expressions of ERN1, TLR2, and IRF5 genes in glioma cells

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Received: 28 September 2015 / Accepted: 25 November 2015 / Published online: 8 December 2015 © International Society of Oncology and BioMarkers (ISOBM) 2015

**Abstract** Glioblastoma multiforme (GBM) is the most common and aggressive brain tumor that affects older people. Although the current therapeutic approaches for GBM include surgical resection, radiotherapy, and chemotherapeutic agent temozolomide, the median survival of patients is 14.6 months because of its aggressiveness. Zoledronic acid (ZA) is a nitrogen-containing bisphosphonate that exhibited anticancer activity in different cancers. The purpose of this study was to assess the potential effect of ZA in distinct signal transduction pathways in U87-MG cells. In this study, experiments performed on U87-MG cell line (Human glioblastoma-astrocytoma, epithelial-like cell line) which is an in vitro model of human glioblastoma cells to examine the cytotoxic and apoptotic effects of ZA. IC<sub>50</sub> dose of ZA, 25 µM, applied on U87-MG cells during 72 h. ApoDIRECT In Situ DNA Fragmentation Assay was used to investigate apoptosis of U87MG cells. The quantitative reverse transcription polymerase chain reaction (qRT-PCR) (LightCycler480 System) was carried out for 48 gene expression like NF-kB, Toll-like receptors, cytokines, and inteferons. Our results indicated that ZA (IC<sub>50</sub> dose) increased apoptosis 1.27-fold in U87MG cells according to control cells. According to qRT-PCR data, expression levels of the endoplasmic reticulum-nuclei-1 (ERN1), Toll-like receptor 2 (TLR2), and human IFN

regulatory factor 5 (IRF5) tumor suppressor genes elevated 2.05-, 2.08-, and 2.3-fold by ZA, respectively, in U87MG cells. Our recent results indicated that ZA have a key role in GBM progression and might be considered as a potential agent in glioma treatment.

**Keywords** Zoledronic acid · Gene expression · Glioma

# Introduction

Glioblastoma multiforme (GBM) is the most common and aggressive brain tumor that affects older people. [1]. According to the World Health Organization (WHO) in 2007, GBM was determined as grade IV astrocytoma [2, 3]. Although the current therapy approaches for GBM are surgical resection, radiotherapy, and chemotherapeutic agent temozolomide, the median survival of patients is 14.6 months because of its aggressiveness [4, 5]. There is a need to investigate new therapeutic approaches for GBM due to the shortened survival of patients.

Synthetic analogues of pyrophosphate called bisphosphonates (BPs) act as efficient inhibitors of osteoclastic bone resorption [6, 7]. BPs consist of three generations that differ from their structure in R1 side chain. Both first and second generations do not include any nitrogen in the R1 chain, but third group of BPs has nitrogen in circular structure [7]. Zoledronic acid (ZA), a third-generation bisphosphonate, exhibited anticancer activity in various metastatic cancers including breast, prostate, lung cancer, and multiple myeloma with skeletal complications of bone metastasis [8, 9]. The possible mechanism of ZA in blocking osteoclast-mediate bone absorption is the inhibition of the farnesyl diphosphate synthase which is the key enzyme of the mevalonate pathway. Through this mechanism, farnesyl diphosphate and its



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downstream geranylgeranyl diphosphate are inhibited, and thus, small GTPases including Ras, Rho, and Rab which regulate osteoclast cannot be post-translated [10].

In recent years, direct or indirect effects of ZA on cancer cells have been shown in several studies. These studies show that ZA has anti-proliferative, proapoptotic, and anti-invasive activities and anti-angiogenic and immunomodulatory abilities [11]. Moreover, ZA has been used as a new therapeutic approach in combination with various agents such as cisplatin, etoposide, doxorubicin, paclitaxel, irinotecan, and imatinib, because of the synergistic effects of these combinations in various cancer cells [11].

The purpose of this study was to assess the potential effect of ZA on the expression of 48 genes in distinct signal transduction pathways in U87-MG cells.

# Materials and methods

# Chemicals

Zoledronic acid was obtained from Sigma-Aldrich (St. Louis, Missouri, USA). ZA was diluted in distilled water and stored as 10-mM stock solution at -20 °C. Prior to experiments, different concentrations of ZA were prepared from stock solution.

# Cell culture

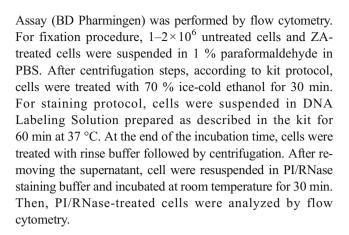
U87-MG cell line was obtained from American Type Culture Collection (ATCC, Manassas, VA). U87-MG cells were seeded into 75-cm<sup>2</sup> tissue culture flask. They were maintained in BIO-AMF-1 basal medium containing 2 mM L-glutamine supplemented with 50 ml BIO-AMF-1 supplement and 1 % penicillin/streptomycin in a standard cell culture incubator at 37 °C, 95 % relative humidity, and 5 % CO<sub>2</sub> atmosphere.

# **Determination of cytotoxicity**

Cytotoxicity of ZA in U87-MG cells was assessed by WST-1 [2-(4-iodofenil)-3-(4-nitrofenil)-5-(2,4-disülfofenil)-2H-tetrazolium sodium salt] assay (Roche). Cells were seeded in 96-well culture plate at a concentration of  $5\times10^3$  cells/well and incubated overnight for their adhesion to plate surface. Cells were treated in the range of 10-100- $\mu$ M doses of ZA for 72 h. After treatment, 10- $\mu$ L WST-1 reagent was added per well. Formazan formation was quantified spectrophotometrically at 480 nm (reference wavelength 620 nM) by using a microplate reader (Bio-Rad, Coda, Richmond, CA).

# Apoptotic DNA fragmentation assay

To detect the apoptotic effect of ZA to DNA Fragmentation on U87-MG cells, ApoDIRECT In Situ DNA Fragmentation



# RNA isolation and cDNA synthesis

Total RNA was isolated from U87-MG cells treated with IC<sub>50</sub> dose (72 h) of ZA and untreated control cells (High Pure RNA Isolation Kit - Roche). Reverse transcription procedure was performed for complementary DNA (cDNA) synthesis by using Transcriptor High Fidelity cDNA Synthesis Kit (Roche Diagnostics, Germany) according to the instructions of manufacturers.

# Quantitative real-time PCR

Custom RT<sup>2</sup> PCR Array (Roche Diagnostics, Germany) was used to evaluate the quantitative gene expression analysis of 48 genes including housekeeping genes with LightCycler 480 quantitative reverse transcription polymerase chain reaction (qRT-PCR) system. The expression values of these genes were proportioned to housekeeping genes (*18S ribosomal RNA* and *GAPDH*) to calculate the relative expression ratios. List of the genes is shown in Table 1.

# Statistical analysis

Cytotoxicity analysis was calculated by GraphPad Prism v5.0 Software. Data analysis was evaluated by  $\Delta\Delta$ CT method and quantitated by "LightCycler 480 Quantification Software," and statistical analysis was evaluated by web-based RT<sup>2</sup> Profiler PCR Array Data Analysis version 3.5. The p value calculation was based on a Student's t test of the replicate  $2^{-\Delta Ct}$  values for each gene in the control group and treatment groups. A value of P<0.05 was considered as significant.

# **Results**

# Cytotoxicity assay (WST-1 assay)

The cytotoxic effect of ZA on U87-MG cells was determined by WST-1 cytotoxicity assay as described in "Materials and



Table 1 List of the genes

Table 1	Dist of the genes		
Position	Gene symbol	Position	Gene symbol
A1	XBP1	E1	NFKB1
A2	ERN1	E2	NFKB2
A3	PAX5	E3	IKBKG
A4	AICDA	E4	IKBKB
A5	BCL6	E5	NFKBIA
A6	PRDM1	E6	REL
B1	MTA3	F1	RELA
B2	CYP27B1	F2	RELB
В3	TNFRSF11A	F3	IRF3
B4	TNFSF11	F4	IRF7
B5	TNFRSF11B	F5	IRF5
B6	TLR1	F6	ACTB
C1	TLR2	G1	IFNA1
C2	TLR3	G2	IFNG
C3	TLR4	G3	TNF
C4	TLR5	G4	MAP3K7
C5	TLR6	G5	MAP2K3
C6	TLR7	G6	GAPDH
D1	TLR8	H1	MAP2K6
D2	TLR9	H2	MAPK14
D3	FKBP1A	Н3	MAP2K4
D4	MTOR	H4	MAPK8
D5	RPS6KB1	H5	MAP3K2
D6	AKT1	Н6	18S RIBOSOMAL RNA

methods." Concentration doses of ZA were prepared in the range of  $10\text{--}100~\mu\text{M}$  and treated  $5\times10^3~\text{U87-MG}$  cells per well. Data of the cytotoxic effect of ZA was assessed at 24th, 48th, and 72nd hours. The viability of U87-MG cells decreased in a time- and dose-dependent manner. In the present study, IC<sub>50</sub> doses of ZA in U87-MG cells were calculated as 25  $\mu$ M at 72nd hours via WST-1 assay (Fig. 1).

# Determination of apoptotic DNA fragmentation assay by flow cytometry

Apoptotic effects of ZA on U87-MG cells were analyzed by a commercial kit according to the protocol of the manufacturer. Initially, U87-MG cells were cultured at  $1-2\times10^6$  cells. After we had enough cell density, cells were fixed and stained, respectively, according to the protocol. At the end of all steps, apoptotic status of U87-MG cells treated with 25  $\mu$ M of ZA was analyzed by flow cytometry. Our flow cytometry data indicated that apoptosis was increased 4.25-fold by ZA when compared to control cells untreated with ZA (Fig. 2). Also, we found that ZA induced apoptosis 1.14- and 2.33-fold at 24th and 48th hours, respectively.

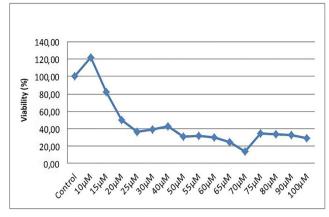


Fig. 1 Effect of zoledronic acid on the cell viability of U87-MG cells. The cells were treated with 0–100- $\mu$ M zoledronic acid during 72 h. Cell viability was calculated by WST-1 cell viability assay. Data are the average results of three independent experiments (IC50 dose of ZA in U87-MG cells was determined as 25  $\mu$ M at 72th hour

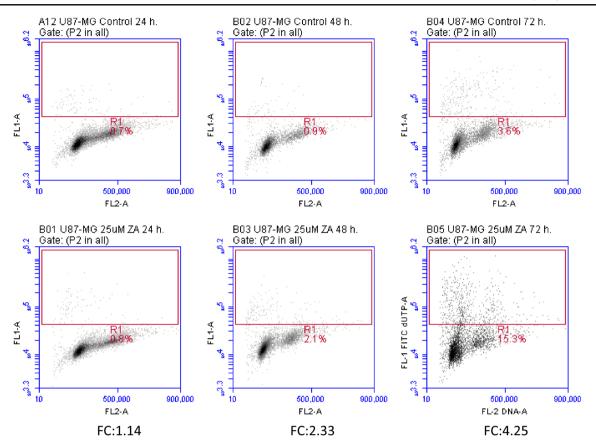
# Real-time PCR

Afterwards total RNA isolation from control and ZA-treated cells by using commercial kit, cDNA synthesis was performed by Transcriptor First Strand cDNA Synthesis Kit (Roche Diagnostics, Germany) as first step of reverse transcription. Custom RT<sup>2</sup>-PCR array was performed to evaluate the quantitative gene expression analysis including housekeeping genes at LightCycler 480 qRT-PCR platform. The results of expression were proportioned to expression of 18S ribosomal RNA and GAPDH (housekeeping genes) to calculate the relative expression ratios. We totally investigated the expression of 48 genes which serve in distinct signal transduction pathways in U87-MG cells. Gene expression results regarding IC<sub>50</sub> dose of ZA showed that ERN1, TLR2, and IRF5 tumor suppressor gene expressions were detected 2.05-, 2.08-, and 2.3-fold, respectively, according to untreated U87-MG control cells (p < 0.05).

# Discussion

Some of the cancers have ability to metastasize to their specific tissues by using lymphatic and blood-flow patterns, their cellular adhesion molecules and receptors and the cytokine signals which they can synthesize or they can react [12]. A dynamic and vascularized bone tissue provides a hematopoietic environment for cancer stem cells [12]. Bone can discharge some factors which cancer cells respond so that it can play role in metastasis development. Therefore, patients with metastatic cancers such as multiple myeloma (95–100 %), breast (75 %) or prostate, lung (40 %) and renal cell cancers metastasize to the bone [13]. As a result, researchers have aimed to develop new drug strategies to treat bone metastasis for many years.





**Fig. 2** Apoptotic effect of zoledronic acid depends on time and dosage. U87-MG cells were treated 25  $\mu$ M ZA during 24, 48, and 72 h. Apoptotic effects of ZA were detected by commercial kit. Apoptotic status of U87-

MG cell treated with 25  $\mu M$  ZA was analyzed by flow cytometry (IC $_{50}$  dose of ZA induced apoptosis 4.25-fold when compared to control cells that untreated with ZA at 72th hours)

Bisphosphonates (BPs) are the non-hydrolytic synthetic analogues of inorganic pyrophosphate by substitution of the oxygen atom with a carbon molecule that were used as a potential inhibitor of bone resorption over 40 years [14, 15]. BPs are primarily bound to the bone and absorbed by osteoclasts, so this absorption causes inhibition of bone resorption and osteoclast apoptosis [16]. BPs show whether their effectiveness includes nitrogen [17]. Non-nitrogen-containing group called as early-generation BPs that are ingested by osteoclasts into non-hydrolysable analogues of adenosine triphosphate leading to inhibition of cellular function ultimately results in cell death [15]. Nitrogen-containing BPs (N-BPs) show their effect by inhibiting mevalonate pathway via diminishing activity of farnesyl pyrophosphate synthase (FPP); thus, they reduce cellular protein prenylation which is vital for function and survival [15, 17, 18]. Berenson J. reviewed that BPs play an important role in induction of apoptosis, prevention of tumor cell proliferation, blocking of angiogenesis, inhibition of cell migration, prevention of tumor cell invasion, decrease in adhesion of tumor cells, reduction in tumor-infiltrating

and angiogenic macrophages, and stimulation of gamma delta T cells [19]. In vitro studies revealed that BPs can induce apoptosis on a large scale of human cancers including melanoma, sarcoma, myeloma, leukemia, breast, colon, lung, prostate, and pancreas [18, 20–24]. Also, these studies showed that N-BPs induce apoptosis with low concentrations compared to early-generation BPs.

ZA, a heterocyclic and nitrogen-containing bisphosphonate, is an effective inhibitor of osteoclastic bone resorption, and it functions to decrease bone resorption in patients with osteoporosis in clinical practice [8, 25]. It is also used for the treatment of tumor-induced hypercalcemia and the decline of skeletal complications in solid tumors and multiple myeloma [25]. Initially, despite its usage as an inhibitor of osteoclastic bone resorption, current studies are focused on its direct anticancer effect independently of osteoclastic bone resorption effect. Direct anti-cancer effects of ZA were shown in some cancer types such as breast, pancreatic, prostate, and multiple myeloma [26, 27]. Nevertheless, its anti-cancer activity differentiates due to type and origin of cancer. On the other hand, the inhibitory effect of ZA and its molecular mechanism are not so clear in glioblastoma multiforme. In the present study, it



has been aimed to investigate the possible effects of the thirdgeneration BPs, ZA on U87-MG glioblastoma cell line.

In this study, we first analyzed the effects of ZA on U87-MG glioblastoma cell line. We treated the cells in the range of 10-100 µM ZA for 24, 48, and 72 h. According to our WST-1 results, IC<sub>50</sub> dose of ZA on U87-MG cells is 25 µM at 72nd hour in dose-dependent manner. Reports on lung, breast, prostate, osteosarcoma, and pancreatic cancers showed that 50 % inhibitory concentration (IC<sub>50</sub>) of ZA was ranged from 1 to 100 μM depending on the cell viability assay [28–35]. Romani et al. reported that ZA inhibited cell growth in dosedependent manner in EGI-1 and TFK-1 cholangiocarcinoma cell lines by using MTT assay with the IC<sub>50</sub> range from 17 to 37 mM for cells, respectively [36]. Koto and colleagues showed that ZA inhibited the growth of HT1080 fibrosarcoma cells in a time- and dose-dependent manner and by using trypan blue dye exclusion method. The IC<sub>50</sub> of ZA after 48 and 72 h of treatment was calculated as 1.66 and 1.26 µM, respectively [37]. In a previous study, in vitro treatment of HCT-116 colon carcinoma cells with the range of 0–50 µM ZA reduced cell growth dependently, after 5 days treatment with 50 µM ZA resulting in more than 90 % decrease in the number of viable cells as compared to untreated control groups [22]. By using MTS cell viability assay, Liu et al. reported that the range of 0-200 µM ZA inhibited NB4 acute promyelocytic leukemia cells in a dose-dependent manner at 48 and 72 h. The highest inhibition rate was observed at 200 μM on NB4 cells [38]. Karabulut et al. used XTT cell viability assay in order to analyze the effect of ZA in ovarian cancer, and they showed that IC50 values of ZA were calculated as 15.5 and 13  $\mu M$  on OVCAR-3 and MDAH-2774 cells, respectively [39]. Porru et al. studied on pcDNA3-luctransfected U373 (U373MG-LUC) cells, and the analysis of U373MG-LUC cell growth in terms of MTT assay demonstrated that IC<sub>50</sub> dose of ZA was 46  $\mu$ M [40].

Several previous in vitro studies showed that ZA can induce apoptosis of tumor cell in a wide range of human and murine cancer cell lines [41-43]. The former studies demonstrated that ZA-induced apoptosis occurred by activation of caspase-3/7 signaling pathway. A previous study on HCT-116 colon carcinoma cells suggested that ZA induced apoptosis through the activation of the mitochondrial pathway, including caspase-8-mediated Bid activation, Bax translocation, cytochrome c release, and eventually activation of the caspase-3 and caspase-7. This study also showed that ZA activated mitochondrial pathway simultaneously releases AIF into the cytosol [22]. Tamura et al. reported that treatment of ZA on HSC-3 oral carcinoma cells induced apoptosis via caspase-3, caspase-8, caspase-9 activation, PARP and Bid cleavage, and decreased Bcl-2 levels [7]. Liu and their colleagues performed ZA treatment on NB4 acute promyelocytic leukemia cells, and they observed that the rate of apoptosis was significantly higher in the ZA-treated cells. They also reported that ZA

upregulated the expression of cleaved caspase-3 and cleaved PARP, downregulated the Bcl-2 and Bcl-xL expressions at lower levels, expressed the Bax and Puma, and cleaved caspase-9 at higher levels [38]. Wang and colleagues demonstrated that treatment of ZA on cervical cancer cells caused a dose- and time-dependent PARP cleavage and the activation of caspase-3 signaling pathway. In order to confirm mitochondrial apoptosis, they examined the Bcl-2/Bax ratio mRNA expression in three cervical cancer cell lines. ZA increased Bcl-2/Bax ratio, and they suggested that ZA leads to mitochondrial membrane disruption and so initiates the mitochondrial apoptosis [44]. Rachner et al. quantified the percentage of apoptosis with ZA treatment on MDA-MB-231 and MCF-7 breast cancer cells by using annexin V/PI technique. They showed that percentage of apoptosis increased from 3.1 to 26.3 % (by 8.5-fold) in MDA-MB-231 cells after 72 h of ZA exposure, whereas the annexin V-fraction of MCF-7 cells only increased from 4.2 to 7.8 %. They also indicated that ZA induced the cleavage of caspase-3, caspase-7, and PARP only in MDA-MB-231 cells [31]. On the other hand, treatment of ZA in pancreatic cancer cell leads to activation of caspase-9 pathway, but not caspase-3 cascade [35]. Salvatore et al. showed that ZA increased apoptosis (43 %) significantly on non-small cell lung cancer cells compared to untreated cells [28]. Mani et al. investigated the effect of ZA on PC-3, DU-145, and LNCaP prostate cancer cells, and they observed that the Annexin V/PI assay demonstrated early apoptosis in PC-3 and DU-145 and late apoptosis in LNCaP cells only at 100 mM ZA [32]. In line with the literature, we examined that IC<sub>50</sub> dose of ZA induced apoptosis 4.25-fold in U87-MG glioblastoma cells when compared to control cells. Also, we saw that ZA induced apoptosis 1.14- and 2.33-fold at 24th and 48th hours, respectively. In the light of these data, it may be suggested that ZA exhibits different apoptotic pathways depending on cell types.

According to our knowledge from literature, in vitro studies for inhibitory effects of ZA and its mechanism on glioblastoma are limited and unsatisfying. Cimini et al. evaluated whether ZA treatment would make glioma cell lines more susceptible to lysis by in vitro expanded Vδ2 T-cells, improving their antitumor activity. They reported that ZA enhanced Vδ2 T-cell antitumor response to human glioma cell lines and ZA synergistically elevated the V $\delta$ 2 T-cell-mediated apoptosis of glioblastoma cell lines [44]. Nakazawa and colleagues demonstrated that ZA significantly enhanced the  $\gamma \delta T$  cellmediated killing of U87MG, U138MG, and A172 GBM cell lines, and they suggested that combination of the  $\gamma \delta T$  celltargeting therapy with ZA might be effective for GBM patients [45]. Fukai et al. investigated whether ZA can be an effective adjuvant to temozolomide (TMZ) in human malignant glioma cells which express MGMT. Combination of TMZ and ZA resulted in a significant decrease in cell growth, an increased apoptotic rate and significant activation of



Tumor Biol. (2016) 37:6673–6679

caspase-3 and PARP. Beside this, they obtained decreased amounts of Ras-GTP, MAPK, and Akt phosphorylation and MGMT expression only in ZA-treated cells. They also showed that combined TMZ and ZA treatment lead to significant decrease in tumor growth in subcutaneous xenograft models [46]. In this study, we evaluated the expression of several genes including several signal transduction pathways such as cytokines and costimulator molecules, interferons, NF-kB and Toll-like receptors in U87-MG cells by using real-time PCR method. Our study showed that IC50 dose of 25 μM ZA significantly resulted in increased ERN1, TLR2, and IRF5 genes expressions with fold changes of 2.05-, 2.08-, and 2.3-fold, respectively, compared with untreated U87-MG control cells. Our data suggest that ZA may induce apoptosis through enhancing the expressions of ERN1, TLR2, and IRF genes in glioma cells. To our knowledge, this is the first report of ZA that induced the expression of these genes in glioblastoma.

In conclusion, a distinct increase in apoptosis was observed following the treatment of glioblastoma cells with 25  $\mu M$  of zoledronic acid. These novel findings showed that ZA might be important in prognosis of glioma, and it is aimed to question if it could be used as a target substance in glioma treatment with further research. Based on the mentioned information and results, due to its feature for crossing the blood–brainbarrier (BBB), ZA may be an effective and alternative therapy to treat glioblastoma. Further studies are needed to clarify its mechanism of ZA in different types of glioma cell lines.

# Compliance with ethical standards

# Conflicts of interest None

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